

## WHAT MAKES THE HE BREAK MOUSE UNIQUE AND HEALTHY? IT PERFORMS LIKE TRAFFIC LIGHTS



Most people are unaware how long they continuously use their mouse or just leave their hand on the mouse without mousing. This is why we have developed not just an ergonomic mouse, but an ergonomic mouse which helps you to modify your behaviour.

**Break Mouse** is the new HE 70° vertical mouse with the extra innovation that indicates with colours how long you have been mousing without a break. **It is the Traffic Light Mouse**



**Green** means "good to go", **orange** means that you should take a little (micro) break and **red** means that you forgot to take your break or that your maximum number of daily mousing hours has been exceeded.

Copying the Traffic light colour makes it easier to recognise the need to take frequent short breaks. These vital breaks will help prevent overload of small muscles and tendons in the arm, wrist and hand which helps you to easily (all be it subconsciously) change your behaviour.

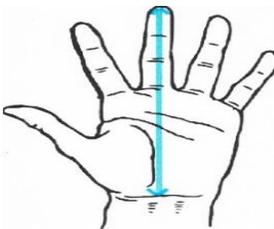
### Break Mouse:

- Indicates with colour signals how healthy you work and when to take a break! Lights change 10 minutes green to orange and 1 hour green to red but can be programmed/updated in the software
- Has the special HE Large and Medium wired ergonomic vertical shape to prevent twisting of the forearm.

### TECHNICAL FEATURES

Break mouse has the specifications and benefits of the standard right hand wired HE mouse large and medium size but adds the new traffic light rest colours. Forward and Backward bars are located beside the thumb rest groove.

**Product size:** Medium 105mm long x 83mm wide x 76mm high: Large 110mm long x 93mm wide x 79mm high. **Compatibility:** Windows XP and later. **Specifications;** Cable length 1600mm 4 buttons plus scroll USB plug. Plug and play  
Resolution; Medium 800-1600-2400-3200 Large 500-1000-1800-2500



### Choose the size mouse for you:

To get the right size of mouse for best fit, measure from the top of the middle finger to the crease where the wrist meets the hand; (see the blue line in the hand picture at the left: Medium size for up to 185mm; Large Size for over 185mm. If borderline try the smaller size.

Code 20HEBLR Mouse Vertical 70° HE BREAK Large Right Hand wired  
Code 20HEBMR Mouse Vertical 70° HE BREAK Medium Right Hand wired

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