

Specifications

Ergorest®:

The World's best Forearm support is lightweight and easily movable.



The award winning design of this moveable forearm rest allows you to position your arm(s) ergonomically while providing neck, shoulder and arm support with unrestricted motion. There is less stress, less fatigue and the action helps maintain neutral wrist position for keyboarding, mousing and other desktop activities. The support is made of aluminium alloy and polyamide, with three pivot points to ensure greater flexibility and mobility. The smooth motion becomes un-noticeable with use. The standard pad at 130mm long is upholstered with genuine soft hard wearing leather and can be replaced if soiled. The forearm support is attached to table top by adjustable clamps and has a **unique and discreet height adjustment screw** to suit your best working position. The maximum operating span for the standard model is 235 mm, maximum load is 12 Kg, and the height adjustment is 75 mm. Available as a long pad at 200mm long at the base and a long forearm at 125mm against the standard 89mm Load is 10Kg. We can mix and match as required

In the correct working posture, the position of the head and neck is natural and the angle between the body, elbows and knees is greater than 100°. The backrest of the chair is slightly tilted and the feet rest on a foot support. After adjusting the Chair and Desk height to suit your sitting position, then adjust the forearm supports so that they provide light support. Do not adjust the support so that it is too high. Wrists: Ergorest minimises carpal tunnel syndrome and tenosynovitis. Elbows: Ergorest prevents tennis elbow and other elbow complaints. Lower back: Ergorest forearm supports guide the body into a better working position, thereby preventing complaints arising from strain on the lower back. Shoulders: Ergorest relaxes the shoulders and prevents complaints arising from muscular tension or strain. Neck: Ergorest reduces the amount of strain on the neck, preventing neck complaints arising from muscular tension. Head: An ergonomic work position helps you to concentrate on your work and keep your mind active. –

Available with wide jaw (range 35-63mm) for thicker work stations, Ergorest can be used singly or as a pair. The award winning Ergorest is also available with a mouse platform which allows positioning of mice to avoid extension issues.



Standard model 74E330 platform



with Mouse pad 74E350



High model long pad (top)



Standard and wide jaw



long pad, mouse



ESD Standard 74E338000



ESD High 74E339000

The Ergorest ESD 338 000 (Std) and ESD 339 000 (High) provide effective protection against electrostatic discharge at two support heights. Thanks to their ESD protection, the supports are excellent for use in the electronics industry. Product ID: 339000 is suitable for tasks which demand precision, such as assembly stations. The supports are entirely conductive and coated with long-lasting and conductive imitation leather.

We are able to adjust as required to Long Forearms and Long Pads and wide jaws and Higher Mounts for working at a high level Desk

Contact us for the correct model and further pricing for your use.